

Service Directory

Level 3/4 Cancer Psychological Care in W/NW London

Version 5
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edited by

Psycho-Oncology Team
at Imperial College Healthcare

Cancer Treatment Centres

Site	St Mary's, Charing Cross & Hammersmith	Hillingdon Hospital	Northwick Park	Ealing Hospital	Mount Vernon
Contact Lead	Alex King alex.king@nhs.net 020 3312 1658	Heather Wells heatherwells2@nhs.net 01895 279374	Clare Stevenson clare.stevenson@nhs.net 020 8869 2542 / 3793	Anna Pullen anna.pullen@nhs.net 020 8967 5179	Parminder Sagoo parminder.sagoo@nhs.net 020 3828 2548
▶	CXH, SMH, HH	Directions	Directions	Directions	Directions
Service description	Website	Website			Website
Specialist clinical psychology service for people with any cancer diagnosis & carers, at any stage of their care, who are experiencing cancer-related distress or difficulties with adjustment. Inpatient visits and outpatient clinics are available at all Imperial hospitals.	Specialist clinical psychology service for people with cancer and life limiting illnesses. Outpatient, inpatient and home visits (for those unable to access outpatients owing to severity of symptoms) including support for families and carers.	Macmillan 2 year funded (Nov 2019-2021) Specialist Psycho-Oncology service for people with any cancer diagnosis & carers, at any stage of their care, who are experiencing cancer-related distress or difficulties with adjustment. Inpatient visits and outpatient clinics available at Northwick Park initially with view to expansion across trust.	General Clinical Health Psychology service, with limited specialist time. Will accept referrals from Macmillan CNSs and Palliative Care CNSs within Ealing Hospital.	Specialist psychological therapies service for patients and those affected by cancer. The team includes a range of professional groups including: psychologists, psychotherapists, counsellors & art psychotherapists.	
Boundaries	Adult patients & carers under the care of Imperial or living within W/NW LCA sector, no strict boundaries	Adult residents of London Borough of Hillingdon with a diagnosis of cancer or palliative condition.	Adult patients & carers under the care of LNWH Trust	Adult outpatients, registered with Ealing GPs. 1 session per week dedicated for cancer.	Adult patients & families under the care of MVCC. MVCC occasionally treats adolescents and the LJMC has a responsibility to provide psychological support for this group.
Referral	imperial.psychoncology@nhs.net	cnw-tr.HillingdonOPCCP@nhs.net	Referrals internally via LNWH ICE Or lnwh-tr.psychoncology@nhs.net	anna.pullen@nhs.net	Referral via the counselling service on 02038262548. Individuals can self-refer by calling 020 3826 2555 or by dropping in to the LJMC and speaking to a member of staff.
Triage	All incoming referrals reviewed clinically within a working day.	Referrals are discussed and allocated within a week.	Referrals are discussed and allocated within a week.	Referrals discussed & allocated at a weekly psychosocial meeting.	Referrals discussed at a weekly meeting. Assessment appointments offered within 2 weeks of referral
Liaison Psychiatry	Hammersmith 0208 383 3036 Charing Cross 0203 311 7220 St Mary's 020 3312 3733	Hillingdon Hospital Liaison Psychiatry 01895 891 053	Northwick Park Liaison Psychiatry 020 8515 5010	Ealing Hospital Liaison Psychiatry 020 8967 5000 (x3511)	Consultant Liaison Psychiatrist Dr Gary Bell 020 3826 2565

Independent Cancer Support Providers

Site	Paul's Cancer Support Centre	Breast Cancer Haven London	Maggie's West London	The Mulberry Centre
	20-22 York Road SW11 3QA	Colet House, 151 Talgarth Road W14 9DA	Charing Cross Hospital	WMUH Twickenham Road TW7 6AF
Contact Lead	Pauline Withers-Born paulinewb@paulscancersupport.org.uk 020 7801 2966	Nicola Cunningham london@breastcancerhaven.org.uk 020 7384 0099	Sinead Cope sinead.cope@maggiescentres.org 020 7386 1750	Jason Willis jason.willis@themulberrycentre.co.uk 020 8321 6300
➤	Directions	Directions	Directions	Directions
	Website	Website	Website	Website
Service description	A charity that helps anyone who has been affected by cancer, including family members or friends with the disease as well as health care professionals. They offer 6-8 counselling sessions to cancer patients and their carers or relatives.	A charity that offers a wider range of emotional, physical and practical support which includes complementary therapies, counselling, nutritional advice, exercise classes, support groups, seminars and courses. They provide healthcare professionally led assessments and 10 hours of free one to one therapy time.	Maggie's provides free practical, emotional and social support to people with cancer, their family and friends. Maggie's Centres are places with professional staff on hand to offer the support people need.	A walk-in cancer information and support centre that delivers a range of services to all people affected by a diagnosis of cancer: to the cancer patient, friends and family, carers, and those bereaved by cancer. Their services include counselling sessions, support groups, complementary and relaxation therapies, one to one support on a drop-in basis, a well-stocked library, information on relevant welfare and benefits, plus a wide range of workshops, social and creative groups.
Boundaries	No boundaries or limits as to when. Preference given to those from Wandsworth but all taken from all boroughs and at any stage from diagnosis on.	A programme of free 1:1 support is available to anyone who's had a breast cancer diagnosis, or risk reducing mastectomy if BRCA positive. Four hours of free counselling is available for the loved ones of the person affected. A wide range of workshops and seminars is available, many of which can be accessed by anyone, not just those affected by breast cancer; see website for full details	No limits re age, diagnosis, postcode, or where they are being medically treated. No limits for being seen within a given time from diagnosis. The service does see young people but it should be noted they are all adult trained. Can however offer family days and a space for children of people affected by cancer.	The Mulberry Centre is open to all, regardless of postcode or hospital of diagnosis. All services are offered free of charge.
Referral	People come to the centre for an initial appointment and then are allocated a counsellor depending on e.g. which day or time they want.	Individuals can self-refer by calling 020 7384 0099 or emailing london@breastcancerhaven.org.uk	All visitors self-refer to Maggie's. Staff working in drop-in or via telephone (Centre Head/Cancer Support Specialists) will triage and then refer to Psychology.	Visitors can be referred to the centre from a variety of sources: hospitals, Macmillan contacts, outreach activities or self-referral. They are booked to see a member of staff for a Registration/welcome session, where the services on offer will be discussed. If counselling is deemed appropriate they will be added to the waiting list.
Triage		Aim to see all new Breast Cancer Haven for an assessment within two weeks.	Discussion/liaison between referrer and Psychologist if needed, usually same day to offer assessment appointment.	At the Registration session, clients will be triaged on complexity and urgency. Complex cases will be further assessed for suitability, before being added to the waiting list. Urgent cases are prioritised.

Hospices				
Site	Meadow House Hospice	Harlington Hospice	Michael Sobell Hospice	Royal Trinity Hospice
		Uxbridge Road Southall UB1 3HW	St Peters Way Harlington UB3 5AB	Mount Vernon Hospital, Gate 3 Northwood HA6 2RN
Contact Lead	Anna Pullen anna.pullen@nhs.net 020 8967 5179	Ben Sealy Ben.Sealy@nhs.net 020 8759 0453	Ben Sealy Ben.Sealy@nhs.net 020 8106 9201	Letizia Perna-Forrest lforrest@royaltrinityhospice.london 020 7787 1000
➤	Directions	Directions	Directions	Directions
	Website	Website	Website	Website
Service description	Embedded specialist team of Clinical Psychologists for Level 3/4 psychological care, any/all cancer which has become life limiting. Inpatient, outpatient, community (including home visits) for patients, carers and families, level 2 training and supervision. 0.8wte available.	A charity that offers wellbeing and emotional support services, free of charge, for those experiencing bereavement, a life limiting illness or those caring for someone with a life limiting illness, including one-to-one counselling and support groups. Also offers counselling to children and young people who have experienced bereavement or have someone close to them with a life-limiting illness. This includes individual counselling for children and young people, therapeutic group work and short-term family work.	Provides care, comfort and support for local people facing life-limiting illnesses. Their clinical team offers medical, nursing and emotional care along with practical support for patients and their families. People with a life-limiting condition can be referred to the Day Therapy Unit for a number of reasons, including: pain management, psychological support, social support, symptom control and carer support.	A charity that has a team of specialist clinical social workers, counsellors, and volunteers who provide emotional support and counselling to patients with progressive, life-limiting illnesses and their families or carers.
Boundaries	Only those patients under the care of the Specialist Palliative Care Service, although people can self-refer. Available for people whose GPs are within the boroughs of Ealing and Hounslow.	Open to anyone aged 18 or over who has been bereaved, including carers, who are registered with a GP in the London Borough of Hillingdon. Counselling for young people aged 4–17 years old who live in the South of the London Borough of Hillingdon.		Open to anyone aged 18 or over who have a progressive, life-limiting condition and live in central and southwest London (see website for catchment area).
Referral	Referrals box in psychosocial room – checked every other day and allocated at weekly team meeting.	Self-referrals accepted or via GP or other health professional.	Referrals via GP, District Nurse, Community Palliative Care Nurse or hospital consultant. All referrals and 24 hour advice - 020 3824 1268 or by emailing Hillccg.MSHreferrals@nhs.net	For enquiries and to discuss referrals contact the Admissions & Referrals Team on 020 7787 1062 or by emailing rth.referrals@nhs.net
Triage	Referrals are discussed & allocated at a weekly psychosocial meeting.			

Hospices			
Site	St Luke's Hospice	St John's Hospice	Pembridge Hospice
		Kenton Grange Harrow HA3 0YG	60 Grove End Road NW8 9NH
Contact Lead	Mike McDermott info@stlukes-hospice.org 020 8382 8000	Steve Barnes hospice.info@hje.org.uk 020 7806 4040	Tori Martin clcht.pembridgeunit@nhs.net 020 8102 5371
▶	Directions	Directions	Directions
	Website	Website	Website
Service description	The local hospice for Harrow and Brent. Provides care for people whose illnesses are no longer curable, free of charge. Provides care for patients, family and friends, through an in-patient unit, out-patient clinics, and day care unit, as well as in patient's own homes. Also offers bereavement support.	Independent charity providing specialised palliative care to terminally-ill patients and their families, free of charge, to those living in and around Central and North West London. Also provides bereavement services to children, family and friends. For more info call 020 7078 3816.	The Pembridge Palliative Care Centre provides specialist palliative care services for patients with life limiting illnesses and complex care needs. The service has a day hospice and a Community specialist palliative care team. For the social work and pastoral care team (including bereavement support) call 020 8102 5377.
Boundaries	<i>Specialist psychological care (Level 3/4) for people affected by cancer may also be available within these hospice services, please approach each individually for further information.</i>		
Referral			
Triage			

(Non-Cancer Specialist) Primary Care Psychological Therapies (IAPT)

Site	Westminster CNWL Talking Therapies Service	Brent CNWL Talking Therapies Service	Harrow CNWL Talking Therapies Service	Hillingdon CNWL Talking Therapies Service
	North Westminster Centre for Psychological Wellbeing 11 Praed Street London W2 1NJ South Westminster 190 Vauxhall Bridge Road SW1V 1DX	Fairfield House Roe Green Kingsbury NW9 0PS	12-14 Station Road Harrow HA1 2SL	Mill House Uxbridge UB8 2YF
Contact Lead	Clair Pollard westminster.iapt@nhs.net 030 3333 0000	Anupama Rammohan cnw-tr.brent.iapt@nhs.net 020 8206 3924	Marc Balint harrow.iapt@nhs.net 020 8515 5015 / 5016	Eleanor Cowen hillingdontalkingtherapies.cnwl@nhs.net 01895 206 800
►	North South	Directions	Directions	Directions
	Website	Website	Website	Website
Service description	Provides talking therapy, self-help courses and one-off workshops for people experiencing common mental health difficulties, e.g. anxiety, low mood and depression, OCD, low self-esteem, insomnia, PTSD. These services will often accept referrals for individuals where there is a context of long-term physical health conditions, e.g. cancer in remission, but not acute illness or end of life care.			
	Health specific service provision: LTC multi-session workshop	Health specific service provision: --	Health specific service provision: LTC group (8 week programme)	Health specific service provision: LTC group (Mindfulness and Acceptance for Health)
Boundaries	For people who live in the Borough of Westminster.	For people who are registered with a GP in the Borough of Brent.	For people who are registered with a GP in the Borough of Harrow.	For people who are registered with a GP in the Borough of Hillingdon.
	For people over 18 years old who are not under secondary care mental health services or in crisis.			
Referral	Self-referrals accepted			

(non-cancer-specialist) Primary care psychological therapies (IAPT)

Site	Kensington & Chelsea, Paddington and Queens Park CNWL Community Living Well Psychological Therapies	Hammersmith & Fulham WLMH Back on Track	Ealing IAPT WLMH	Hounslow IAPT WLMH
	St. Charles Health & Wellbeing Centre W10 6DZ Violet Melchett Centre 30 Flood Walk, SW3 5RR 15 Gertrude Street SW10 0JN	194 Hammersmith Road Hammersmith London W6 7DJ	Third Floor 84 Uxbridge Road West Ealing W13 8RA	The Isleworth Centre 146 Twickenham Road Isleworth TW7 7DJ
Lead	Lucy Wilson-Shaw	Ruth Dennis & Kate Baylis	Claudio Pestana	Lena Paul & Annabelle Norman
Contact	cnw-tr.clw@nhs.net 020 3317 4200	wlm-tr.backontrack@nhs.net 0300 123 1156	ealing.iapt@nhs.net 020 3313 5660	Houccg.Hounslowiapt@nhs.net 0300 123 0739
➤	Directions	Directions	Directions	Directions
	Website	Website	Website	Website
Service description	Provides talking therapy, self-help courses and one-off workshops for people experiencing common mental health difficulties, e.g. anxiety, low mood and depression, OCD, low self-esteem, insomnia, PTSD. These services will often accept referrals for individuals where there is a context of long-term physical health conditions, e.g. cancer in remission, but not acute illness or end of life care.			
	Health specific service provision: LTC group (8 week programme)	Health specific service provision: LTC group (8 week programme)	Health specific service provision: LTC group (8 week programme)	Health specific service provision: LTC group (8 week programme)
Boundaries	For people who are registered with a GP in Kensington & Chelsea, Queens Park and Paddington.	For people who live in and/or are registered with a GP in Hammersmith or Fulham.	For people who are registered with a GP in the Borough of Ealing.	For people who are registered with a GP in the Borough of Hounslow.
	For people over 18 years old who are not under secondary care mental health services or in crisis.			
Referral	Self-referrals accepted			



[Click here for online version on this map](#)

Acute Hospital Centres

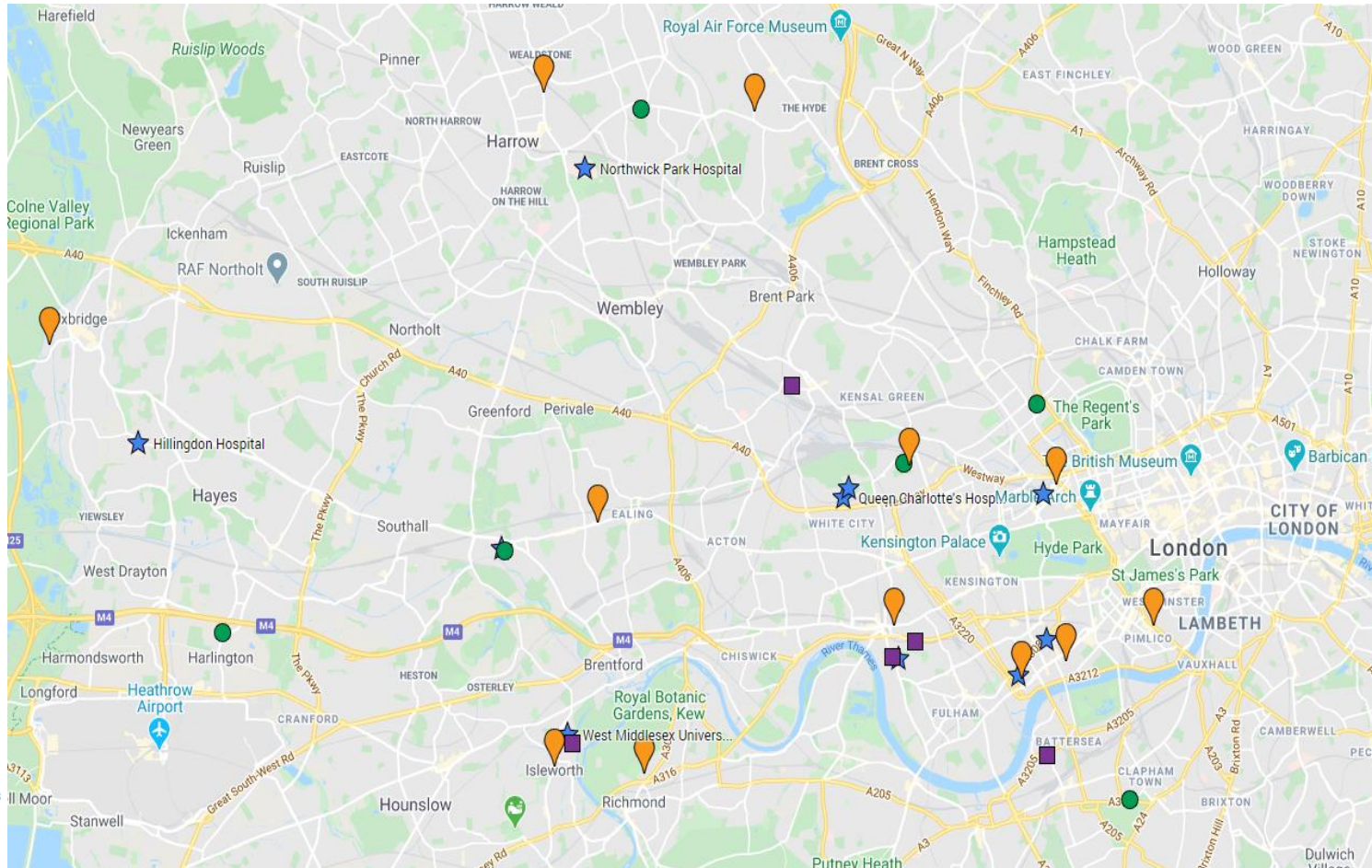
- ★ St Mary's Hospital
- ★ Charing Cross Hospital
- ★ Queen Charlotte's Hospital
- ★ Hammersmith Hospital
- ★ West Middlesex University Hospital
- ★ Northwick Park Hospital
- ★ Hillingdon Hospital
- ★ Mount Vernon Cancer Centre
- ★ Ealing Hospital
- ★ The Royal Marsden Hospital
- ★ Chelsea and Westminster Hospital

Hospices

- Pembridge Palliative Care Unit
- St Luke's Hospice
- St John's Hospice
- Meadow House Hospice
- Royal Trinity Hospice
- Harlington Hospice
- Michael Sobell Hospice

Independent Cancer Support Centres

- Maggie's West London
- The Mulberry Centre
- Paul's Cancer Support Centre
- Cancer Black Care
- Breast Cancer Haven



IAPT

- Brent IAPT
- Ealing IAPT
- Hammersmith & Fulham IAPT
- Harrow IAPT
- Hillingdon IAPT
- Hounslow IAPT
- Richmond IAPT
- North Westminster Centre for Psychological Wellbeing
- South Westminster Centre for Psychological Wellbeing
- Watford & Hertsmere IAPT
- Community Living Well - Psychological Therapy
- Community Living Well - Psychological Therapy
- Community Living Well - Psychological Therapy