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| Information for referrers |

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| Service offered |
| The Respiratory Psychological Medicine Service offers help to service users whereby mental health difficulties may impact on their treatment for a known respiratory illness.  We offer:   * Consultation service for other mental health professionals via: * Emails * Telephone * Attendance to the monthly MDT meetings * Patient facing interventions which include: * Specialist psychiatrist assessment and follow up. This can be either by phone, clinic appointment at Charing Cross hospital, home visit or joint appointment at the GP surgery * Case conferences where the service user is met with the other professionals involved in their care.   Our service can offer interventions in the form of:   * Diagnostic formulations * Management advice including prescriptions * Individual psychological therapy * Group therapy   We aim to provide a written formulation and diagnosis to help the person and their healthcare professionals make use of the management options available. |

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| Referral criteria– Please ensure that the following criteria are met: |
| Aged 16 years or over. |
| Has a formal diagnosis of a respiratory condition. |
| There is evidence of mental health issues (the mental health diagnosis may be unclear) |

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| Risk issues |
| For immediate risk concerns regarding service users in the community please follow the usual routes of referral to ED or involvement of the police. |
| For immediate risk concerns regarding an Imperial inpatient please contact the general liaison psychiatry service on 0203 311 7220. |
| Other risk management concerns can be discussed at the monthly Respiratory Psychological Medicine Service meetings or raised with the psychiatrist by phone on  020 3311 0232  Please note that we are not a 24/7 service and are therefore not able to offer crisis interventions. |
| To ensure that the patient is offered the most appropriate service, please attempt to assess nature, frequency and duration of suicidal thoughts, intention and plans to act on them, any precipitating factors, any previous history of self-harm or harm to others, or any previous or current involvement with mental health professionals. |

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| Referral route/process | |
| The referral is made by a health professional within the H&F specialist respiratory team, health professional within Charing Cross Hospital (e.g. ED staff), GP or Mental health Services. | |
| Initial referral route can come via: | 1. **discussion at the monthly respiratory liaison psychiatry meeting** 2. **Phone conversation with the psychiatrist between meetings on 020 3311 0232** 3. **Email** [RPMS@imperial.nhs.uk](mailto:RPMS@imperial.nhs.uk) |
| Our clinicians are very happy to discuss cases for further clarification if you wish. | |
| If the referral is considered appropriate, it should be followed by a letter detailing the following information: | 1. **Preferred language/need for an interpreter (see below)** 2. **Patient’s attitude with regards to the referral** 3. **Respiratory diagnosis** 4. **Medication and level of self-management** 5. **Previous and current mental health input if any** 6. **Details of any other professionals or third sector involvement** 7. **Patient preference with regards to mode of initial assessment** |

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| Interpreters |
| Please inform us of the need for an interpreter.  For patients who are unable to speak English, family and friends often accompany the patient and perform the role of interpreter. Since sensitive information is shared in a psychiatry session, the patient may censor what they say through a known interpreter, whose own views may also bias what is relayed. Therefore, to enhance open and reliable communication, the use of a professional interpreter is recommended for face to face interviews. |

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| Contact details | |
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