

Endoscopy department

How to take bowel prep (extended bowel prep - Moviprep)




Information for patients, relatives and carers

You have been prescribed extended bowel preparation to improve the chances of seeing the colon properly. This might be because you have had previous colonoscopy with poor preparation or because you have a condition such as chronic constipation which would require extra preparation.

It is essential that you carefully follow the preparation instructions below to clear your bowel so the endoscopist can see your entire bowel properly and to avoid having to repeat the preparation or cancel the appointment.

If you have been prescribed **extended bowel prep**

Start the Moviprep at **16.00** on the day before the procedure.

16.00	➔	Dissolve Moviprep 'Sachet A' and 'Sachet B' in one litre of water.	
16.00 - 17.00	➔	Drink a glassful of the solution every 15 to 30 minutes until the litre is finished. Tick the diagrams as you go through the solution	
17.00 - 18.00	➔	Drink a glassful of water every 15 to 30 minutes. Tick the diagrams as you go through	
18.00	➔	Dissolve Moviprep 'Sachet A' and 'Sachet B' in one litre of water.	
18.00 - 19.00	➔	Drink a glassful of the solution every 15 to 30 minutes until the litre is finished. Tick the diagrams as you go through the solution	

**19.00 -
20.00**



Drink a **glassful of water** every 15 to 30 minutes. Tick the diagrams as you go through.



The remainder of the prep is to be taken the next morning

06.00



Dissolve Moviprep 'Sachet A' and 'Sachet B' in one litre of water.

**06.00 -
07.00**



Drink a **glassful of the solution** every 15 to 30 minutes until the litre is finished. Tick the diagrams as you go through the solution.



**07.00 -
08.00**



Drink a **glassful of water** every 15 to 30 minutes. Tick the diagrams as you go through.

