
What does 'transition' mean?

Transition is the process of helping you move from the children's to the adult haematology services when you reach the age of 18.

What happens in this clinic?

In this clinic, you will meet your current doctors and nurses and also the doctors and nurses from the adult services. You will be able to discuss any issues that you think are important for your health. The nurses and doctors will help you understand your health needs and help you look after yourself. You will be able to see all of them on your own or with your parents/guardians.

You will also get a chance to visit the clinics and wards you will attend after moving over to the adult services.

If necessary, you will get help and advice with jobs, housing or other personal and social issues. There will also be access to counseling services, if needed.

You will get a chance to meet other young people with long term health conditions

Where is this clinic held?

The transition clinic is held on the 6th Floor of the QEQM building at St Mary's Hospital.

How often will I have to come to this clinic?

It depends on how often you or your consultant wants you to attend. It will also depend on how often you were seen at the children's clinic.

How long do I attend the transition clinic for before I move over to the adult clinic?

It may vary from one person to another. Generally speaking, young people move to the adult services between their 18th and 19th birthdays.

Where will I be admitted for treatment?

Everyone attending the transition clinic can be admitted to the Paediatric ward at St Mary's Hospital, provided there are beds available. If you come to A&E at St Mary's Hospital, please let them

Where are the adult services located?

Dr Layton has adult clinics both at St Mary's and at Hammersmith Hospitals.

However, if you attend A&E at St Mary's and require admission to a ward, you may be transferred to Hammersmith Hospital where all the Haematology patients are usually admitted.

How different are the adult services from the Paediatric services?

You may find adult services quite different from Paediatrics. There, you will have to be more in charge of your treatment with less help to manage your day to day needs. Many young people find attending the transition clinic a great way to get used to the adult services.

Useful contact numbers:

Catherine Mkandawire: Children's specialist nurse

020 331 23346 / 07795651153
catherine.mkandawire@imperial.nhs.uk

Transition clinic reception: 020 331 26315 (to cancel or change appointments)

Haematology secretary: 020 331 26157

Further information and support

Sickle cell Society

02089617785

www.sicklecellsociety.org

www.scinfo.org

Thalassaemia Society

0208 8820011

www.ukts.org

www.thalassaemia.org.cy

Imperial college healthcare NHS trust
paediatric haematology transition clinic
attended by:

Dr Subarna Chakravorty, Consultant
Paediatric Haematologist, ICHNT

Dr Mark Layton, Consultant
Haematologist, ICHNT

Ms Catherine Mkandawire, Specialist
Nurse, Children's Haemoglobinopathies

Ms Lydia Alexander, Specialist Nurse,
Haemoglobinopathies (Adult Services)

Ms Zita Noone Social Worker

Dr Ruth Erskine, Consultant Clinical
Psychologist (via referral)

Dedicated pharmacy and blood test
services

How do I make a comment about my treatment?

If you would like to speak to someone about your treatment, other than staff caring for you, please contact the patient advice and liaison service (PALS) who will listen to your concerns, and are often able to solve problems on behalf of patients.

Call **020 3313 0088** for Charing Cross, Hammersmith, and Queen Charlotte's and Chelsea Hospitals or

020 3312 7777 for St Mary's and Western Eye Hospitals.

Or email pals@imperial.nhs.uk.

Alternatively, you may wish to express your concerns in writing to:

Chief Executive

Imperial College Healthcare NHS Trust
Trust Headquarters, The Bays, South
Wharf Road, London W2 1 NY

Alternative formats

This leaflet can be provided on request in large print, as a sound recording, in Braille, or in alternative languages.

Please contact the communications team on **020 3312 5592**.

St Mary's Hospital

Haematology Transition Clinic

Information for patients & carers

Held monthly on Tuesday
evenings from 4.30-7pm

Helping you in your journey
from paediatrics to adult
services

Paediatrics

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